# DRAFT-PENDING BOARD APPROVAL CSWC-SL

## MEMORANDUM FOR RECORD

SUBJECT: Community Health Promotion Council/Well Being Board (CHPC-WBB) Minutes, 10 June 2015

## Meeting Attendance:

Army Wellness Center

Present/Represented Membership Chair, CHPC/WBB\* COL David Funk CSM, USAWC **CSM Christopher Martinez** Director, SLDR, USAWC\* Dr. Thomas Williams Chief of Staff, USAWC Commander, DAHC\* LTC Michael Belenky Commander, DENTAC\* MAJ Nickoli Dubyk Commander, USAG\* LTC Gregory Ank CSM, USAG\* G3\* CPT Stanley Gillens (rep) CH (COL) Gregory D'Emma CBks Ministry\* DAHC/Behavioral Health\* Ms. Abigail Hamilton DAHC Community Health RN Ms. Jo Stepp **USAG Human Resources\*** Public Affairs Office\* Mr. Tom Zimmerman Army Community Service\* Ms. Rebecca Myers Military Family Life Coordinator Ms. Michelle Leader DPTMS, USAG\* Safety Office\* Mr. Chris McCormick ASAP\* Ms. Ann Wolf MWR\* Ms. Lauren Snyder DHR\* **DES** SLDR, MFP Ms. Lisa Riley SLDR Mr. Joe Mallis SLDR Ms. Dee Connelly EEO, USAG

Mr. Matt Zolgar

<sup>\*</sup> Positions requiring attendance or designated representation.

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- 1. Opening remarks from Chair, CHPC-WBB: COL Funk opened the meeting by introducing new members of the CHPC-WBB; CSM Martinez, USAWC CSM; LTC Gregg Ank, USAG Commander; LTC Mike Belenky, DAHC Commander; MAJ Nickoli Dubyk, DENTAC Commander and CPT Stanley Gillens, G3 representative. COL Funk reviewed the overall objectives and importance of the CHPC -WBB mission and its impact inside and outside of Carlisle Barracks, citing the adoption of Army wellness initiatives by the Army of Chili, learned from a former USAWC International Fellow. New USAWC students and family are arriving this month and each person in our community must represent the best first impression possible to these new arrivals and to all.
- 2. The 10 June 2015 CHPC-WBB meeting minutes were reviewed and accepted as written.
- 3. Old Business: An AAR/Update of the June, July, August and September CHPC-WBB themed events and activities was completed.

### June

COM: Family Transition and Sponsorship –There are several welcome and get to know you activities planned. The International fellows have multiple sponsors and this sponsorship program is well supported by Carlisle barracks and the Carlisle community off post. New USAWC staff & Faculty were welcomed.

COM: Army Profession (Army Birthday) - *Living the Ethic* - The Army birthday celebration coincided with LTC Ank's Change of Command ceremony. He recommended that this be a separate event in the future. The Heritage Foundation also hosted an Army birthday dinner on 13 June at AHEC. It was recommended to combine these two events next year.

COM: Summer Safety (Safety Office) – The Safety office is running an awareness campaign for safe boating and avoiding heat injuries. The Safety Office continues to send safety information through social media via PAO

PROG: Men's Health Month, Prostate Awareness & Skin Cancer Awareness- DAHC has published articles on prostate and skin cancer prevention and detection, pool and grilling safety, as well as men's health issues in its newsletter. The DAHC HEDIS nurse will organize displays and educational materials.

# **JULY**

COM: Family Transition and Sponsorship- Beck Myers reports that ACS provided assistance to five incoming USAWC families who lost their household goods in a cargo ship fire.

PROG: Distracted Driving Campaign (DES) - DES is planning activities to highlight the dangers of distracted driving, especially with cell phone use. ASAP will offer classes in conjunction with YS summer camp. Ms. Stepp again mentioned the

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resource person who can provide a presentation on first-hand experience with family tragedy involving distracted driving. She will forward this contact information to Mr. McCormick. CSM Martinez emphasized the importance of targeting the newly arrived youth with welcome and safety briefings. Fr. D'Emma asked about the use of a car which simulates distracted driving. Mr. McCormick will look into this.

PROG: Family Health and Fitness/Outdoor Rec Activities (FMWR/CYSS/ODR) – Outdoor Rec has many activities planned throughout the summer months including hikes, bike rides, kayak trips, and various other trips listed on the IMC. These are advertised on signage and in First Choice magazine.

## **AUGUST**

COM: Inprocessing - DAHC is prepared for both school and sports physical exams and have started performing them as incoming families arrive. Centralized In Processing is set to occur in Collins Hall 27July - 4 August.

PROG: Welcome and get to Know Your Community and Peers: There will be a garrison newcomers briefing next Monday, 20 July. The downtown *Welcome Jam* is scheduled for Friday, 7 August. The County Fair will be held 12 August at LVCC and Thorpe Gym.

PROG; Ongoing Summer Safety Campaign: Mr. McCormick continues to work with Hector on the Motorcycle Safety class for military and family members.

## 4. New Business:

- a. The Integrated Master Calendar (IMC) Report: 90 Day Well Being "Significant Events" was reviewed. Additionally the board was presented with two additional lists of SIGACTS. One list covered a retrospective of events on the IMC from May 2014 through May 2015. The second looked ahead for IMC scheduled events commencing June 2015 through June of 2016. These lists will assist with synchronization of CHPC/Well-Being related events to the academic calendar as well as offer a historical record for future event planning for our CHPC/WBB members.
- b. Physical Fitness Working Group update: Ms. Caywood reported Army Wellness Center (AWC) had a net increase of 61 first time appointments and 21 follow ups as compared to this time last year.
- c. Ms. Knouse commended the Outdoor Recreation Program's overwhelmingly positive comments from customers. Ms. Leist agreed, especially with the 'Dinner and Kayaking' program.

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<ol><li>COL Funk provided closing remarks, thanking everyone for their continued sup</li></ol>
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- 6. With no other issues before the board, a motion was made and seconded, and the meeting adjourned at 1430.
- 7. Next CHPC-WBB Meeting: Monday, 13 July 1330-1430, CCR.

DAVE FUNK COL, IN Chair, WBB/CHPC